

## Calgary Villains FC – Team Travel Policy and Procedures

The following travel policies are used for all club teams when travelling for out-of-town soccer events! This may include but not limited to (AYSL Programming, Tournaments, European Tours, Showcases & Nationals). Please remember that as we travel for any club events, we all need to be outstanding ambassadors for the club.

## Why Travel?

The purpose of travelling is to provide a fantastic experience for our members both within and outside of Canada for games, events, showcase and tours. We do want everyone to have a fantastic experience when travelling and need our members to follow several club rules and responsibilities below.

### Player Itinerary

Players will also be given some down time at all events to do team bonding, game recovery, injury prevention and of course fun team activities. Prior to departure of any trip we ask that team coaches and team manager email the club their plans and itinerary in advance so that the club is aware and provide feedback on activities that are taking place.

This will also provide families important details around match times, training, mealtimes, activities, club meetings. Players will also be provided time to relax, rest and unwind back at the hotels and this is encouraged to take place within 3 hrs to match kick off.

## **Player Travel**

Team Staff (Players, coaches and managers) must wear Villains club gear on all planes at all times as this will help find players quickly within busy airports, bus terminals etc. This is also a great way to showcase the club with our gear as we embark on new adventures.

Team gear to be worn when watching other club matches, team events and or team meals. Players are able to dress up for meals for special occasions and or fancy dinners but we do want to represent the club when and where possible.

Players are to take part in all team activities and events during travel. This includes lunches, dinner & team bonding activities. We do not want players and parents going off doing their own activities during the whole event.

#### **Team Wear**

Only club approved uniforms can be worn for any games when representing the club. We have contracts in place with sponsors to ensure club approved uniforms are worn in all games (league, tournaments, exhibitions, showcases, provincials).

Villains Club gear is the only approved wear for teams to wear when representing the club. All club gear and uniforms can be purchased at the Villains training centre reception.

Players will need to purchase additional uniform wear if they lose or destroy and part of the club uniform.

# **Game Day Procedures**

Games where kickoff takes place after 830am in the morning each team will be required to go on a team walk either just before or just after breakfast with coaching staff.

No swimming pool time before games (unless used for recovery purposes). Swimming and or hot tub after games would need to be approved by coach and monitored to ensure length of time is within reason.

## **Cell Phone & Curfew**

It is important that our players get proper rest the night before each match. When staying in a hotel the players need to have approved curfew with club coaches that is communicated each night. This curfew can change each night and is dependent on team activities.

If players are found to be on their phones past curfew or designated bedtimes they will need to hand in their phones for all future nights at bedtime and will get it returned back in the morning. Coaches will be held accountable to ensure players are following the rules outlined by the club.

#### Rule of 2 & Hotel Rooms

Players at no time are to be walking alone during travel and must have a buddy system in place. This also includes the hotel, team events and at the games. It is important that team staff know where players are at all times.

Players are not allowed in coaches rooms without a chaperone or another adult present. Male and female teams are not to be hanging out in each others rooms at any time.

Players will not at any time use or possess alcohol, drugs, vape pens, E cigs or cigarretes at any time. Players will be benched for all future games at the event and further suspension may take place upon arriving back home.

## **Violation of Club Policy**

Any player who is found to violate our policies or procedures will meet with club staff to determine next steps which may include but not limited too: removal from tournament, sent home at their parents expense and further discipline upon future Villains Club events.

We all need to remember we are representing the club when travelling and ask all parents and team staff to be respectful of opposing teams, coaches and match officials.

# Tournament expenses of coaching staff ( Non parent Head Coach)

Teams who are coached by a non parent as the head coach will have expenses covered by the team for travel. This will include airfare, gas and food and team events that are approved prior to departure of team trip.

Team Fundraising should be used as much as possible to offset the costs of team activites when travelling so that families do not burden all the expenses.

Calgary Villains FC www.cvfc.ca